

GLUTEN FREE MENU

PLEASE LET YOUR SERVER KNOW IF YOU HAVE A GLUTEN ALLERGY OR A DIETARY RESTRICTION

POTATO OPTIONS: Mashed potatoes (no gravy), baked potato, fresh vegetable of the day, or fresh fruit.

SALAD DRESSING OPTIONS: House Italian, house ranch, thousand island, French, or raspberry vinaigrette.

CHICKEN SELECTIONS

BRUSCHETTA CHICKEN

Two grilled chicken breasts topped with our signature bruschetta, Asiago, and Romano cheeses. Served over gluten free pasta. Served with a salad. \$16.49 Light dinner (one chicken breast) \$14.49



CHICKEN CUTLET PARMESAN

An all time favorite! Two grilled chicken breasts, smothered with mozzarella cheese and our delicious spaghetti sauce. Served with a side of gluten free pasta and a salad. \$16.49 Light dinner \$14.49

SPAGHETTI CHICKEN PARMESAN

Gluten free pasta mixed with our homemade light red sauce, then topped with grilled chicken and smothered with mozzarella cheese. Served with a salad. \$13.99

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APPETIZER

BUFFALO CHICKEN DIP

A delicious dip with a spicy kick! Buffalo sauce, celery, bleu cheese, chicken and sour cream. Served with celery for dipping. \$9.49

VEAL & BEEF SELECTIONS



FILET MIGNON

A flavorful 8 oz filet mignon, char grilled to your liking. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit and a salad. \$25.99



FIRE GRILLED PORK CHOPS

Enjoy two 5oz pork chops char grilled to perfection. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit and a salad. \$16.49



VEAL CUTLET PARMESAN

Veal cutlet baked and topped with spaghetti sauce and melted mozzarella cheese. Served with gluten free pasta and a salad. \$19.49

NY STRIP STEAK

A full flavored 12oz NY strip steak, char grilled to your liking. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit and a salad. \$24.49



590 calories or less, excluding salad, light portion for chicken meals, fresh fruit or vegetable as a side choice, raspberry vinaigrette or thousand island as a dressing on the chicken salad.



750 calories or less, excluding salad, light portion for chicken meals, fresh fruit or vegetable as a side choice.

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SEAFOOD SELECTIONS



TILAPIA WITH LIME SAUCE

Baked fresh tilapia topped with our luscious lime sauce. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit and a salad. \$14.49



SALMON

Fresh, Farrow Island salmon filet, baked and served with a side of our divine dill sauce. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit and a salad. \$20.49



FRESH HADDOCK

A fresh filet of haddock baked with lemon. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit and a salad. \$13.99



HADDOCK MILAN

A fresh filet of haddock baked and topped with sautéed spinach, mushrooms, and roasted red peppers. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit and a salad. \$16.99



FRESH PANGA

Try this delicious white fish that is similar to grouper baked with lemon. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit and a salad. \$16.99



ITALIAN HADDOCK

A baked filet of haddock baked and topped with tomatoes and smothered with melted mozzarella cheese. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit and a salad. 14.99

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SALAD SELECTIONS

MAGNOLIA CHICKEN SALAD

A bed of lettuce topped with mandarin oranges, walnuts, mushrooms, and grilled chicken. Served with a side of our homemade apricot dressing. \$11.49



CARIBBEAN SALAD

A bed of lettuce topped with mandarin oranges, spinach, sliced almonds, shredded coconut, & grilled shrimp. Served with a side of homemade apricot dressing. \$9.99



GRILLED CHICKEN SALAD

A chef salad topped with a char grilled chicken and served with your choice of dressing. 10.49

MODERN GREEK SALAD

A bed of lettuce topped with diced cucumbers, feta cheese, walnuts, tomatoes, and black olives. Topped with grilled chicken. Served with house made Italian dressing. \$11.49

VERY PEACHY SALAD

Spring mix, crasins, fresh locally grown peaches, and candied walnuts all tossed in house made apricot dressing. Accented with pork loin. \$13.49

GRAPEVINE COBB SALAD

A bed of lettuce topped with chicken, cheddar cheese, bacon, egg, tomato, and a scoop of guacamole. Served with a side of house made ranch dressing. \$13.49

MOROCCAN CHICKEN SALAD

Delicious chicken salad accented with quinoa, grapes, garbanzo beans & olives. Served with grapes. \$13.49

DESSERT SELECTIONS

SUNDAE

Vanilla Ice Cream, whipped cream, and your choice of hot fudge or caramel sauce. 3.99

RASPBERRY SORBET

Enjoy this light refreshing treat. \$2.99

CHOCOLATE TORTE

An extra chocolaty torte served with vanilla ice cream and whipped cream. \$5.99

SANDWICHES

TURKEY CRANBERRY SANDWICH

A gluten free roll topped with turkey, cheddar cheese, and a delicious cranberry sauce. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit. \$10.49

THE BLT ANGUS BURGER

A gluten free roll topped with an Angus burger, cheddar cheese, lettuce, tomato, caramelized bacon, and a delicious bacon mayonnaise. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit. \$13.49

SUPER BIRD

A gluten free roll topped with sliced turkey breast, bacon, tomato, and mozzarella cheese. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit. \$9.49

ANGUS BLEU BURGER

A gluten free roll topped with an Angus burger and special spicy sauce. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit. \$12.49

REUBEN SANDWICH

Corned beef, sauerkraut, and 1000 island served on a gluten free roll . Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit \$10.99

CHICAGO TUNA MELT

A gluten free roll topped with albacore tuna fish, tomato, and cheddar cheese. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit. \$9.99

GRAPEVINE CHICKEN SANDWICH

A gluten free roll topped with char grilled chicken, lettuce, tomato, American cheese, and a homemade creamy mustard. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit. \$8.99

ANGUS GRAPEVINE BURGER

A gluten free roll topped topped with an Angus burger, lettuce, tomato, bacon, American cheese, and mayonnaise. Served with your choice white cheddar mashed potatoes, fresh vegetable of the day, baked potato, or fresh fruit. \$12.99